

סוג הבחינה: מבחן מתכונת
מועד הבחינה: מתכונת 4
מספר השאלון: 016382
קובץ: שאלון

GuyAI

מבית GOOL בגריות

אנגלית

מודול C - 3-4 יחידות לימוד

הוראות

- א. משך הבחינה: שעה וארבעים וחמש דקות
 - ב. מבנה השאלון ומפתח ההערכה: פרק ראשון - הבנת הנקרא - 70 נקודות; פרק שני - מטלת כתיבה - 30 נקודות; סך הכול - 100 נקודות
 - ג. חומר עזר מותר בשימוש: אחד המילונים או אחת המילוניות מן הרשימה שבאתר הפיקוח על הוראת האנגלית ובאתר של אגף הבחינות במשרד החינוך. נבחנים "עולים חדשים" רשאים להשתמש גם במילון דו-לשוני: אנגלי-שפת אימם / שפת אימם-אנגלי. השימוש במילון אחר טעון אישור של הפיקוח על הוראת האנגלית.
 - ד. הוראות מיוחדות: כל התשובות נכתבות באנגלית ובעט, בגוף השאלון. את הנוסח הסופי של מטלת הכתיבה כותבים בעמוד 9.
- בקובץ זה: השאלון - הטקסטים והשאלות, עם מקום לתשובות. התשובות וההסברים - בקבצים "תשובות" ו"פתרון מלא".

בהצלחה!

PART I: WRITTEN RECEPTION (70 points)

(ACCESS TO INFORMATION FROM WRITTEN TEXTS)

Read the text below and then answer questions 1–8.

CAN A SHORT SLEEP HELP YOU LEARN?

- I 1 "Twenty minutes on my bed and I feel like a new person," says Noa Levin, a tenth-grader. When she gets home from school, Noa sleeps for a short while before she opens her books. A nap makes her feel
- 5 awake again, she explains, so she can finish her homework faster. Her parents are worried. They believe that she will lie awake at night, and that she will lose time she needs for homework.
- II To discover whether sleeping in the afternoon really helps students learn, a team
- 10 at Northbridge University ran two studies last spring. The first study, with a group of high-school students, took place right after the school day. Half of them went to a quiet room and slept for an hour and a half, while the others stayed awake and played board games. Next, everyone studied a map of an imaginary town for ten minutes and then tried to draw it from memory. The students who had stayed
- 15 awake drew far more streets and buildings correctly than the sleepers.
- III In the second study, a few weeks later, the sleepers were woken up after just twenty minutes. Everything else stayed the same. Now the sleepers drew the better maps. Dr. Ruth Hale, who led the team, explains: "A nap helps us learn when it is short. The brain rests and stores what it has just seen. After a long nap, we come out of deep sleep and feel slow
- 20 for a while." One question is still open, she adds: "We don't know yet whether naps help teenagers who already sleep enough at night."
- IV The researchers also compared naps taken at different times of day, and timing turned out to matter as well. The students did best after naps that ended before four o'clock in the afternoon. Later naps often made it hard for them to fall asleep at night, exactly what
- 25 Noa's parents were afraid of.

QUESTIONS

Answer questions 1–8 in English according to the text. In questions 1 and 7, circle the number of the correct answer. In the other questions, follow the instructions.

1. What do we learn about Noa Levin? (paragraph I)

- i) Why she comes home early from school.
- ii) Why she takes a nap before she does her homework.
- iii) Why she has so much homework.
- iv) Why her parents sleep in the afternoon.

(8 points)

COMPLETE THE SENTENCE.

2. Why don't Noa's parents want her to sleep after school? Give ONE reason from paragraph I.

They think that she will _____ .

(8 points)

COMPLETE THE ANSWER.

3. Why did the researchers at Northbridge University do the studies? (paragraph II)

Because they wanted to _____ .

(8 points)

PUT A ✓ BY THE TWO CORRECT ANSWERS.

4. What do we learn about the first study that the researchers did? (paragraph II)

- i) Why the students agreed to take part.
- ii) How long the students slept.
- iii) How many students took part.
- iv) What the students thought about the map.
- v) Which group did better.
- vi) When the students went to bed that night.

(2x7=14 points)

COMPLETE THE SENTENCE.

5. How was the second study different from the first study? (paragraph III)

In the second study, the students _____ .

(8 points)

COMPLETE THE ANSWER.

- 6.** When can a nap help us learn? (paragraph III)

When it is _____ .

(8 points)

- 7.** According to Dr. Hale, what do researchers want to find out? (paragraph III)

- i) Which students sleep the most at night.
- ii) Why a long nap makes us feel slow.
- iii) What time teenagers usually go to bed.
- iv) Whether naps help teenagers who already sleep enough.

(8 points)

COMPLETE THE ANSWER.

- 8.** According to lines 23–24, which naps helped the students the most?

Naps that _____ .

(8 points)

PART II: WRITTEN PRODUCTION (30 points)

(WRITTEN PRESENTATION)

Write 70–90 words in English on the following topic:

If you could work at any job for one day, which job would you choose?

Give reasons to explain your choice.

(30 points)

כל הבגרויות באנגלית עם פתרונות מלאים: www.guyai.co.il/bagrut/english